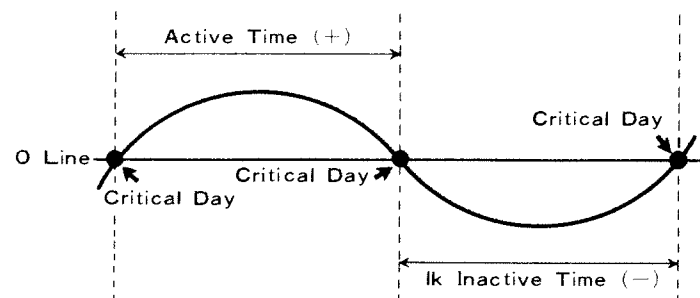


★HOW TO WATCH BIORHYTHM★

Moving rhythm on zero line (0 line) is indicated in blue, green and red lines on S.I.P. boards.

- 1) Rhythm curve line standing over the 0 line means a plus period, i.e., active time.
- 2) Curve line lower the 0 line means a minus period, i.e., inactive time.
- 3) Day crossing the 0 line means a caution-needed day, called Critical Day.



* S (blue line) — Sensitivity (emotional) condition.

Human relation in home and office is stressed now. 28-day cycle. The former 14 days are plus when one can adjust himself to other people in pleasant and merry condition.

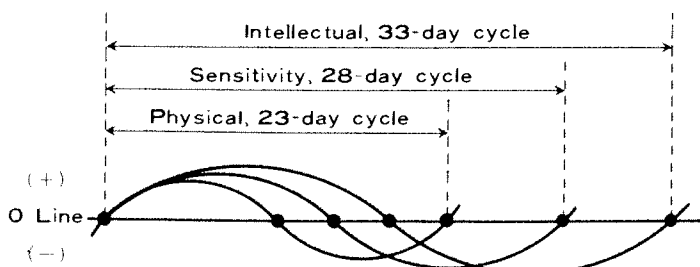
The latter 14 days are minus when one tends to suffer irritation, gloominess and self-dislike.

* I (green line) — Intellectual condition

This line is most important for students, scholars, authors, managers, politicians and other brain workers. 33-day cycle. The former 16½ days are plus, one's intellect is fully utilized. Perception is sharpened. It is time of rich judgement and creativity. The latter 16½ days are minus, one is often subject to illusion, cannot absorb knowledge well.

* P (red line) — Physical condition

Generally the most important element of all three rhythms. 23-day cycle. The former 11½ days are plus, one's power of endurance and physical strength are active. The latter 11½ days are minus; one become sluggish, gloomy, tiring.



The turning points of the above three rhythms from (plus) to (minus) and (minus) to (plus) fall on the time of irregularity, so full caution is needed.

★APPLY BIOMATE TO YOUR LIFE★

With application of Biorhythm can enhance your daily judgement and action, if critical day, time of active and inactive conditions are known on S.I.P. boards. A better, richer social relation will be established if the partner's Biorhythm is obtained and compared with yours.

■ MARRIAGE-CONGENIALITY JUDGEMENT

Biorhythm can help to better judgement of marital congeniality and better family life for the married couple.

Good congeniality is proved in agreement with both sides' rhythms, because of great harmony and sympathy created. However, over-agreement, namely 100% agreement in the Critical Day and inactive days, is not ideal, for mutual compensation is basis for marriage life. Then congeniality by Biorhythm physical and intellectual Biorhythms had better be 100%; sensitivity 50% for the best combination.

If congeniality degree is low, a better and happier family is maintained, by understanding couple's daily Biorhythm. Husband's peevish days and household troubles can be wisely eliminated.

● Agreement of sensitivity (emotional) rhythm (S)

Easy, like-minded and fall-in love congeniality.

This state leads easily to tired relationship; 50% congeniality degree is most recommended.

● Agreement of intellectual rhythm (I)

Agreement of this kind is very important for long-year collective life; 100% congeniality is best.

● Agreement of physical rhythm (P)

Sex agreement is ensured through this physical rhythm agreement. 100% congeniality is desired at the time of sexual unsatisfaction prevalent today.

<How to look Congeniality>

Procedure 1. Set Biometer based on your birth date (refer to the setting method of Biometer)

Procedure 2. Turn the gear to set partner's birth date to the Cathol center. (Turn the gear in a direction where border line of Dec. 31 and Jan. 1 doesn't pass the Cathol center line in order to see your rhythm on the partner's day of birth in the year.)

Procedure 3. Calculate the difference between S.I.P. figures on the Cathol line and S.I.P. values taken from the column for partner's full years, referring to the Table so that the percentage of congeniality is obtained by referring to the Congeniality Degree List.

<Example of calculation>

Turn the gear with your birth date setting, setting the partner's birth date on the Cathol center line.

	S	I	P
Suppose—on the Cathol center line	18	17	5
If partner's is 22 years on that birth date—Taken from Table	28	17	9
Difference	10	0	4
Congeniality %	29%	100%	65%

—Caution—

Please be certain whether to add 1, referring to the Revision List, in both the setting with your own birth date and counting with partner's birth date.

CONGENIALITY DEGREE LIST (%)

Difference	S.	I.	P.	Difference	S.	I.	P.
0	100	100	100	17	21	3	48
1	93	94	91	18	29	9	57
2	86	88	83	19	36	15	65
3	79	82	74	20	43	21	74
4	71	76	65	21	50	27	83
5	64	70	57	22	57	33	91
6	57	64	48	23	64	39	
7	50	58	39	24	71	46	
8	43	52	30	25	79	52	
9	36	46	22	26	86	58	
10	29	39	13	27	93	64	
11	21	33	4	28		70	
12	14	27	4	29		76	
13	7	21	13	30		82	
14	0	15	22	31		88	
15	7	9	30	32		94	
16	14	3	39				

■ Prevention of traffic accident (accident during operation)

Statistics show that many traffic accidents occur on a Critical Day in S rhythm.

It is proved that special caution is needed for the day when the day of S critical falls on the day of P critical.

Utilization of Biorhythm for accident prevention is actively enforced in the worldwide traffic means and much success reported.

The best example is Omi Railways in Japan, which uses Biorhythm for its daily running of the operator, marking the operator seat on the Critical Day and calling for full attention all day.

The Railways is worldly noted for its record-breaking 200,000 km run without accidents.

You are also advised to make the most of Biometer in driving and endeavour to eliminate dreadful traffic accidents.

■ Discrimination of Sex in Baby

Boy Baby: PLUS — rhythm of P on ovulation day } in above
MINUS — rhythm of S on ovulation day } case, great possibility of boy baby in impregnation.

Girl Baby: MINUS — rhythm of P on ovulation day } in above
PLUS — rhythm of S on ovulation day } case, great possibility of girl baby in impregnation.

■ Business

I and S rhythms get you excellent judgement when in Plus. Your business bargain will sail smoothly for good conclusion. Reckless failure comes in Minus condition.

Please execute important negotiation and proper judgement on the day of Plus I and S rhythms.

Be utmost prudent on the day Minus and avoid on Critical Day. This discretion had better be applied to human relation in superior, colleague and subordinate relation.

■ Study

I rhythm is top consideration. Make progress when in Plus and engage in repeated learning at the time Minus. Greater effect is won by persisting when P and S rhythms are Plus.

■ Idea

Standing idle is occasional on a Critical Day in I rhythm, when however an extraordinary idea may be created. Take memo of ideas on such a day.

■ Warning students

Choose a day when S rhythm becomes Plus. It is often hard to warn students calmly on a Critical Day, resulting in much regret. Considering other's S rhythm, listen calmly; select a Plus day when students may be understanding.

■ Drinking

Drinking on a Critical Day in P rhythm may overtake to the same extent as ordinary quantity even in half drink. Either drink slowly or reduce quantity.

■ Sports

Statistics have proven that a sportman can achieve good result in the Plus of P rhythm. He should form strategy and scheme by considering mainly P rhythm. Exercise planner never overlooks this rhythm for greater effect.

■ Gambling

Your judgement in bicycle race and race horse is best in Plus S and I rhythms. You may bet poorly in Minus. Race winning is better facilitated in judgement, through combination of player's and jockey's birth date with rhythm. Also winning backgammon play had better use the following indication.

S in Plus Good perception, bullish.

S in Minus Tends to be faint-hearted and fail.

S in Critical Day A big failure from being shaky.
Had better stop.

I in Plus Imagination and judgement excellent; deliberate play needed.

I in Minus Judgement become poor in bewilderment; over-bewilderment should be avoided.

P in Plus Winning in long-race.

P in Minus Refrain from long-race; take win-and-run strategy.